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Someone to talk to . . .  
*who understands*

December 21, 2009

Dear Us TOO Support Group/Chapter Leaders and Friends,

We are pleased to complete and send the January 2010 *HotSheet*. As I write this letter, we are wrapping up 2009 and looking ahead to 2010. This is the start of a very special year... *Us TOO's 20<sup>th</sup> Anniversary year!*

Looking back to last month, I noted in this letter that in the December edition of the *HotSheet*, we featured further discussion on the recent and on-going debate about screening/early detection and Dr. Chodak's views on the subject. I had a very lively discussion last week with several CA Us TOO volunteers about the issue which has me thinking. Thank you guys for your questions, input and passion.

The January edition of the *HotSheet* does contain another article on screening as it relates to men over 70 years old from Dr. Moul's work. The screening/early detection issue is a hot issue that will not go away soon.

For example, we are planning to have another article in the February edition of the *HotSheet* about the recently reported analysis on the European Randomized Study of Screening for Prostate Cancer (ERSPC) data. It shows, "*The effectiveness of PSA (prostate-specific antigen) screening on reducing prostate cancer mortality has been given a boost with new data from the European Randomized Study of Screening for Prostate Cancer (ERSPC). This shows the true impact to be far higher than previously reported - up to 31%.*"

I believe the task at hand for us, as people who actively support, educate and advocate in the prostate cancer world, is how we use this evidence to convince those who are deciding for themselves on a personal level on what to do and with those in decision-making roles on what to advise. I have no doubt this topic will be on the agenda of our August 20-21, 2010 20<sup>th</sup> Anniversary symposium, so mark your calendars and plan to join us and keep on top of this issue and others.

Enjoy the read. We have included interesting articles, input from Dr. Moyad as well as highlights from our recent annual meeting including the announcement of the 2009 Second Annual Edward C. Kaps "Hope" Award winners and recognition of our irreplaceable corporate sponsors, dedicated Us TOO Office Manager Jackie Konieczka and last, but certainly not least, the hard working Us TOO Board members who are leaving and joining us. Thank you all and Happy New Year!

Cheers,

Thomas N. Kirk  
President and CEO

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