



CHAPTER LEADER NEWS

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Local Chapter News!

Us TOO International
Prostate Cancer Education &
Support Network

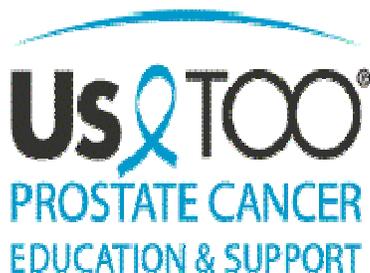


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NEW RUNNING CLUB FOR PC SURVIVORS!

Congratulations to the **Tex Us TOO Chapter** for starting the first chapter *Prostate Cancer Survivors Running Club!* The group is open to all PC survivors whether they participate in chapter meetings or not. Marathon Oil has agreed to sponsor the group and will be providing the club members with distinctive running club attire and covering the groups registration fees for several upcoming races/walks! The group focuses on promoting "the cause" and welcomes both runners and walkers. For more information, contact Manny at many@consolidated.net.

TWO NEW INTERNATIONALLY BASED US TOO CHAPTERS ESTABLISHED!

Please join us in welcoming **Us TOO St. Thomas, Virgin Islands Chapter**. New group leader Caswil Callendar and assistant leader Melvin Norman have gotten this group off to a strong start! We also are excited to announce the establishment of **Us TOO Johannesburg, South Africa**. Anton Gouverner is the leader of this chapter. Both of these groups were established with the assistance of volunteer regional director Roland Young of South Carolina.

HONORING CHAPTER LEADERSHIP!

The Us TOO Central Illinois Chapter hosted a special gathering to say thanks to outgoing chapter leader Dan Moore and his lovely wife, Shirley. Dan was presented with an award of appreciation for all his work on behalf of the chapter and his local community. Senior Director, Bill Palos, was on hand to award the plaque. The chapter will now be led by Bob Hermann. Under Bob's leadership, the chapter is working to establish a new program entitled "HIM- Helping Inquiring Men." The chapter steering committee will develop and implement this new service which will match PC survivors with newly diagnosed men to share experiences and valuable information one on one.

Below: meet the leaders and newest members of the St. Thomas, Virgin Islands Chapter.



Sneakers@Work Update

The Sneakers@Work Awareness Campaign marches steadily along as the registration deadline (April 16th) quickly approaches. As of mid-March, over 34,000 employees and Us TOO International Chapter members will be taking part in the First Annual Day for National Prostate Cancer Awareness and Action (June 15th).

A number of Us TOO regional directors, chapter leaders and members have taken on the challenge of becoming Sneaker Ambassadors and recruiting organizations and places of business to register. Phil Harris and the Wake Country Chapter of North Carolina have registered a number of businesses including Access Healthcare, Cancer Centers of North Carolina, Rex Cancer Center, SAS Institute, Logics, and Duke Raleigh Hospital. Joining them in their efforts is Bill Palos and the Quad Cities Chapter who have recruited Maxim Marketing and Graphics Services, RJS & Associates, THE National Bank, KWQC Television, Harrington Signal and Trinity Regional Health System. For each \$5 donation that is raised by each of those organizations, \$1 will go back to the Wake County Chapter and the Quad Cities Chapter. Check out the all the registered organizations at www.ustoo.org/sneakers@work. The list continues to grow daily and promises to be a hugely successful event.

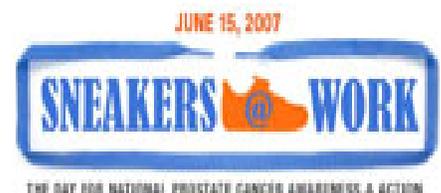
TO GET INVOLVED:

To register for Sneakers@Work or get more information, go to: www.ustoo.org. If you have any questions regarding the Sneakers@Work Awareness Campaign, please contact Dan Reed at dan@ustoo.org or at (800) 80-US-TOO.

The campaign kicked off in January and the next few weeks will be the key for recruiting companies as the **registration deadline is APRIL 16!!!**

*How will your neighbors, colleagues and friends learn about prostate cancer risk and detection?
How will they hear the message, if not through you? If they do not hear it now, when will they hear it? And will it be too late?*

**Sign up today and proudly lace
up your “ blues. ”**



Hundreds Dial in to Learn About Intimacy and Prostate Cancer

Us TOO International hosted a very successful conference call on February 13th called **Intimacy and Prostate Cancer**. The response to this program was overwhelmingly positive. The complete transcript and audio replay are available on the website - www.ustoo.org.

This program featured Dr. Bullock, recognized in the 2005 publication, **Best Doctors in America**. Dr. Bullock specializes in treatment of cancer of prostate, bladder and kidney, including impotence issues and solutions. The program also featured two couples who have faced this challenges and found solutions. Our couples were Jerry & Jo Ann Hardy of the Detroit, Michigan area, and Jim and Maureen “ Mo ” Kiefert, of Olympia Washington. Not only were our couples exceptionally articulate in communicating their struggles and success, both Jo Ann Hardy and Jim Keifert serve on the Us TOO International Board of Directors, with Jim serving as Board Chairman.

While impotence is a common challenge associated with prostate cancer treatment, our panel acknowledged that it can be a highly emotional issue. Most importantly, the program focused on the fact that there are MANY solutions available today. Some examples include:

- Oral medication (Viagra)
- Vacuum Pump
- Injections
- Implants.

Amidst this list of clinical options, however, there was a practical core message to this one-hour program. Those couples who are most successful in reclaiming intimacy are those who:

- can acknowledge their feelings about the loss or shift in their intimate relationship
- are able to have frank discussions with their doctor and each other
- can keep the lines of communication open, even when it is difficult or uncomfortable
- are committed to finding a solution and remain hopeful.

Complete transcript and audio replay available on the website- www.ustoo.org. For additional information in ED and impotence solutions, search our website for “ Post Treatment Issues.”

**Us TOO International
Prostate Cancer
Education & Support
Network**

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Visit our website
at www.ustoo.org

REGISTER NOW!!!

Us TOO University 2007

Austin Texas

May 11 and 12

*Registration Forms and Brochures now
posted on the Chapter Leader Resources
page of www.ustoo.org*



May 30 - June 19

**Bidding for
Health
and Hope**



The 2007 Us TOO Online Auction will be held late May through early June. We need your participation to make this event a success! Us TOO International needs exciting, fun and attractive items. For example, Us TOO International is looking for MP3 players, Handheld GPS Receivers, DVD players, Plasma HDTVs, and other electronics. Sports memorabilia or tickets are also great auction items! WE ASK THAT EACH US TOO CHAPTER DONATE ONE AUCTION ITEM FOR THE 2007 EVENT. Funds raised from the on line auction are used to provide support and resources for chapters as well as individuals with prostate cancer and their loved ones who do not receive the benefits of chapter participation. Contact Dan Reed at 630/795-1002 to learn how your chapter can get involved!