

Prostate Cancer Patient & Caregiver Resources



ZERO360 Helpline

zerocancer.org/ZERO360

Our team helps patients and families understand their insurance and medical bills. We can also connect you to financial, transportation, and other types of help. Call free at **844-ZERO-360** or use our secure website.



MENTor: One-to-One Support

zerocancer.org/mentors

We connect prostate cancer patients with trained survivors who listen and provide support to match your needs.



Support Groups

zerocancer.org/find-support-group

We have many groups for people affected by prostate cancer that meet online and in person. They support people from all communities and backgrounds. These groups provide a safe space to share experiences, give you support, learn about living with cancer, and thrive after cancer.



Online Communities

zerocancer.org/help-and-support/online-peer-support

Join our online groups for patients, survivors, and caregivers. Groups are also available for patients more likely to get prostate cancer, like Veterans and Black men. Connect, share, and ask questions.



24/7 Text Support - Meet ZACH

zerocancer.org/zach

If support is needed around the clock, ZACH is here to help. Text **844-660-9376** at any time to get answers to your prostate cancer questions and find support.

Prostate Cancer Education



Clinical Trial Finder

zerocancer.org/find-clinical-trial

Clinical trials might be a good choice for your prostate cancer treatment. Use this tool to find trials you might be able to join. Talk with your doctor about any trials you find.



Events

zerocancer.org/find-an-event

Education and support events include webinars, a virtual conference, and our local Run/Walk series.



Materials

zerocancer.org/educational-materials

Materials can be downloaded and printed, making it easy to share or take to appointments.



Videos

zerocancer.org/videos-and-webinars

Watch recorded videos on different topics related to prostate cancer. Some topics include treatments, side effects, and living with prostate cancer.



For more information, visit: zerocancer.org/help-and-support

Scan the QR code with your phone camera to learn more ►

