

BLACK & AFRICAN AMERICAN
MEN AND PROSTATE CANCER
BY THE NUMBERS



EVERY



A BLACK MAN
IS DIAGNOSED WITH
PROSTATE CANCER



EVERY DAY
NEARLY

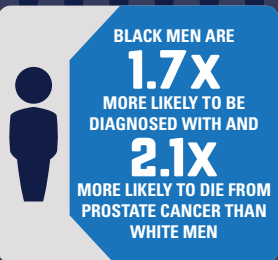
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BLACK MEN DIE OF
PROSTATE CANCER

**31% OF BLACK MEN 50 OR OLDER
HAD A PSA TEST IN 2021, COMPARED
TO 38% OF WHITE MEN.**

TODAY, THERE ARE
3.3+ MILLION
PROSTATE CANCER SURVIVORS
ALIVE IN THE USA

BLACK MEN IN THE U.S. AND CARIBBEAN HAVE
THE HIGHEST DOCUMENTED PROSTATE CANCER
INCIDENCE RATES IN THE WORLD.



EACH YEAR...

About **41,600** Black men
are **expected to be diagnosed**
with prostate cancer

About **6,040** Black men
are **expected to die** from
prostate cancer

THE GOOD NEWS IS...



If caught early, **more than 99%**
of people diagnosed with prostate
cancer **will be alive in five years.**

WHAT CAN I DO?

KNOW YOUR RISK

- RACE
 - FAMILY HISTORY
 - AGING
 - DIET
 - GENE CHANGES
 - CHEMICAL EXPOSURE
-

TAKE THE RISK QUIZ

- Are you Black/African American?
- Are you a Veteran?
- Did your father or brother have prostate cancer?
- Are you over the age of 50?
- Do you consume a high-fat diet?

TALK ABOUT SCREENING

FIND A
DOCTOR
YOU TRUST



THE **NATIONAL COMPREHENSIVE CANCER NETWORK (NCCN)** RECOMMENDS THAT **BLACK MEN AND THOSE WITH A FAMILY HISTORY** SHOULD BEGIN TALKING TO THEIR DOCTOR ABOUT SCREENING **AS EARLY AS AGE 40.**

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ZERO is committed to health equity.

In order to achieve our mission to end prostate cancer, we must also **zero out racial disparities** in prostate cancer.

zerocancer.org/healthequity



AFTER SCREENING

If prostate cancer is suspected as a result of screening, a biopsy or further testing may be performed. If prostate cancer is confirmed, additional tests may be done to learn more about the tumor to determine treatment options.



PATIENT ASSISTANCE

ZERO360: Comprehensive Patient Support

1-844-244-1309 (Toll-Free): zerocancer.org/zero360

ZERO360 is a free, comprehensive service, staffed by case managers who help patients and their families navigate insurance, find resources to help pay for treatment and living expenses, connect with emotional support services, and ensure access to care.



PEER SUPPORT

Us TOO Support Groups: zerocancer.org/supportgroups

A variety of peer-led virtual and in-person groups are available offering emotional support, resources, and education to empower those impacted by prostate cancer to make informed decisions on testing, treatment, and management of side effects. Groups for Black men are also available through the Black Men's Prostate Cancer Initiative.

MENtor: zerocancer.org/mentor

A one-to-one peer support network where trained, volunteer MENtors have a wealth of insights to share based on their experiences.

Online Support Services:

ZERO Connect facebook.com/groups/zeroconnect is a Facebook-based support group for participants to share stories, ask questions, and connect. An invite-only Facebook group also exists for Black men/caregivers (email healthequity@zerocancer.org for information).

The **Inspire Online Support Community** (zero.inspire.com) connects patients and loved ones to enhance the quality of life for all those affected by prostate cancer.

ZERO[®]
PROSTATE CANCER
ZEROCANCER.ORG