



Free Support for Prostate Cancer Patients

The practical challenges of prostate cancer can be overwhelming and stressful. ZERO360 is a free, comprehensive service, staffed by case managers who help patients and their families:

- navigate insurance
- find resources to help pay for treatment and living expenses
- connect with emotional support services
- ensure access to care

"ZERO360 was the lifeline I needed."

John, Stage III Prostate Cancer Patient

Contact a ZERO360 Case Manager Today!

Call **844-244-1309** (Toll-Free) *Monday–Friday 8:30 a.m. - 5:00 p.m. ET (Closed on Holidays)*
or Visit the Online Portal at **zero360.pafcareline.org**

Visit **zerocancer.org/zero360** for additional information and to enroll.

ZERO[®]
PROSTATE CANCER

PROSTATE CANCER SUPPORT PROGRAMS

Us TOO Support Groups zerocancer.org/supportgroups

A variety of peer-led virtual and in-person groups are available offering emotional support, resources, and education to empower those impacted by prostate cancer to make informed decisions on testing, treatment, and management of side effects.

MENtor zerocancer.org/mentor

A one-to-one peer support network where trained, volunteer MENtors have a wealth of insights to share based on their experiences.

Online Support Services

ZERO Connect (facebook.com/groups/zeroconnect) is a Facebook-based support group for participants to share stories, ask questions, and connect. An invite-only Facebook group also exists for Black men/caregivers (email healthequity@zerocancer.org for information).

The Inspire Online Support Community (zero.inspire.com) connects patients and loved ones to enhance the quality of life for all those affected by prostate cancer.

Educational Resources zerocancer.org/learn

ZERO offers a variety of educational resources and events for prostate cancer awareness, screening, treatment, and side effects.



“Once our support group began, we became each other’s sounding board, support system, and newfound friends in the fight against prostate cancer.”

Ken, ZERO Us TOO
Support Group Leader

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