



## INFORMATION ABOUT YOUR PROSTATE CANCER

Use this worksheet to keep track of basic information about your prostate cancer diagnosis as you need in order to make your decisions about your care.

Date of diagnosis \_\_\_\_\_

PSA level at diagnosis \_\_\_\_\_

Gleason score \_\_\_\_\_

Number of biopsy samples taken \_\_\_\_\_

Number of biopsy samples containing cancer \_\_\_\_\_

Stage at diagnosis (I-IV) \_\_\_\_\_

Nodal involvement?  Yes  No      Metastases?  Yes  No

My cancer is:  Localized (only in the prostate)

Locally advanced (spread to just outside the prostate)

Metastasized (spread to other organs or parts of the body) \_\_\_\_\_

Date	Follow-up Tests	Results:
_____	CT or CAT Scan _____	_____
_____	MRI _____	_____
_____	PET Scan _____	_____
_____	Other tests _____	_____

## PHYSICIANS

Prostate Cancer Diagnosed by:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Contact information: \_\_\_\_\_

Other doctors seen:

Name: \_\_\_\_\_ Contact information: \_\_\_\_\_

Name: \_\_\_\_\_ Contact information: \_\_\_\_\_

Other important numbers: \_\_\_\_\_

## LEARN MORE

We encourage you to use this information in conversations with your health care team about prostate cancer and related topics. For more information about prostate cancer and ZERO – The End of Prostate Cancer, visit our website [www.zerocancer.org/learn](http://www.zerocancer.org/learn).

*ZERO - The End of Prostate Cancer provides this information as a service. It is not intended to take the place of medical professionals or the recommendations of your healthcare team. We strongly suggest consulting your healthcare team if you have questions about your specific care.*