

# 2023 Prostate Cancer Facts & Statistics





### **Nationwide Incidence Rate**

1 in 8 men will be diagnosed during his lifetime 3.1M men currently diagnosed

## This year in the United States...

New cases: 288,300 Deaths: 34,700

Veterans are 1.5x more likely to get prostate cancer.

African-American men are 2.1x more likely to die of prostate cancer.

### Incidence Rate in Maine

97 in every 100,000 men diagnosed 19 in every 100,000 men die from the disease

## This year in Maine...

New cases: 1210 Deaths: 170

## **National Rankings by State:**

#43 for prostate cancer incidence #31 for prostate cancer deaths

**Source**: Estimates based on 2023 data from the American Cancer Society

# **ZERO's Impact in Maine**

## **Patient Programs**

- ZERO360 is ZERO's comprehensive patient navigation service that provides individualized case management to help patients and their families connect with financial assistance, navigate insurance, and find other kinds of support including emotional support and even transportation assistance.
- ZERO also offers peer-to-peer support through our Us TOO Support Groups and MENtor programs. We match patients and caregivers with someone who has been on a similar journey to provide ongoing, one-on-one support. We also run a nationwide network of support groups for those affected by prostate cancer.
- ZERO Connect is our online private Facebook support group where you can connect with others
  affected by prostate cancer, learn from their experiences, and ask questions to patients and loved ones
  across the country.

**ZERO Prostate Cancer** is the leading national nonprofit with the mission to end prostate cancer and help all who are impacted. ZERO advances research, provides support, and creates solutions to achieve health equity to meet the most critical needs of our community. Visit our website: www.zerocancer.org

### **ZERO Contact:**

Ali Manson, MPH Vice President, Government Relations & Advocacy ali@zerocancer.org | 202-888-9401











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# CDC's National Comprehensive Cancer Control Program (NCCCP) Funding in Maine:

- Goal: Educate Mainers on the benefits of early detection, and provide support for community awareness activities.
- Objective: Provide two educational opportunities per year, presenting the most recent data on both the risks and benefits of prostate cancer screening, and promoting informed decision-making by patients, through 2015. Baseline: 0, Maine Cancer Consortium, 2010.
- Strategy: Provide educational materials to urologists and primary care physicians to distribute to men ages 50 and over, and men ages 45-49 if considered to be at high risk for prostate cancer.
- Strategy: Coordinate and implement regional and community educational opportunities addressing informed decision-making.

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